



TAGORE MEDICAL COLLEGE & HOSPITAL

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(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

PROGRAM / EVENT REPORT	
Name of the program	CME on OSA – Silent Epidemic
Date and Time	16 March, 2024
Venue	Auditorium
Target audience	Prefinal year UG students
Number of Participants	156
Program Organised by	Department of ENT
Resource person	Dr Shakhtesh MS ENT
Objective of the Program	To sensitise the students regarding clinical implications of OSA and management options

Detailed report of the program

The CME- guest lecture was conducted at hospital auditorium 4th floor on 16/03/2024 from 10am to 12 noon. The guest lecture topic was “OSAS- A silent epidemic” in commemoration of the World Sleep day 2024. The invited Faculty for the Guest Lecture was Dr. Shakhtesh, MBBS, MS., a talented ENT surgeon who is skilled in doing sleep apnea and snoring surgeries. He is the Director of Hopkins ENT Clinic, Tambaram and also Faculty of Department of Sleep surgery at KIMS, Trivandrum. He is also the honorary secretary of IMA, Tambaram. The Program started at 10am with the tamilthai vazhthu. Prof. Dr. D. Anand Karthikeyan, HOD ENT gave the welcome address. Prof. Dr. B. Jayakumar, Medical Superintendent addressed the gathering on the importance of celebrating the World Sleep Day. Prof. Dr. Thirunarayanan, Special officer enlightened

the students about sleep related disorders.Dr.Poornima Kumar, Assistant Professor, Dept of ENT introduced the speaker to the gathering.The Guest speaker Dr.Shakthesh delivered the keynote address. He covered the basics of sleep pathophysiology, epidemiology and sleep disorders spectrum, their diagnosis and management. The lecture was very easy to understand with lots of illustrations and videos. Student audience were quite involved.The Guest speaker was felicitated with a shawl and bouquet by our Medical Superintendant.The Guest Speaker was awarded a certificate of Guest Lecture and a Memento by HOD, ENT.The Guest Speaker awarded certificates of participation to all the Faculty and Postgraduates.Dr.Kalpana, gave the vote Assistant Professor of thanks.The program ended with the national Anthem at 12 Noon.

Photos



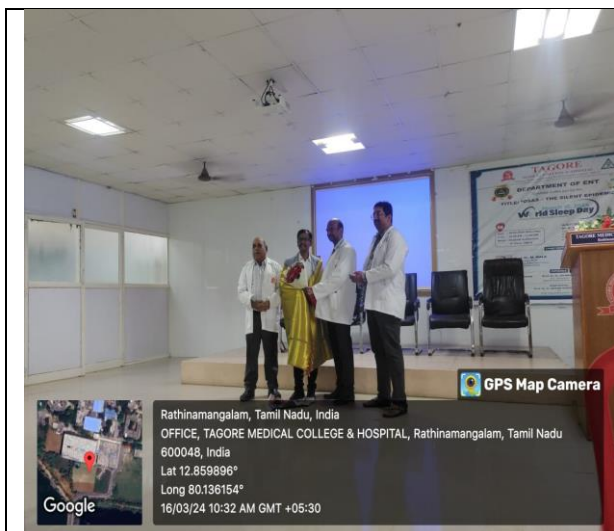
Dr Shakthesh – Guest Speaker



Dr Anand Kartikeyan –HOD ENT

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Photos



Dr Jayakumar MS with guest speaker



Prefinal year students